

A Quiet Journey of Reinvention in *Second Chances in Brittany*

Anne Morenn explores resilience, belonging and the power of personal freedom in coastal France

By Hudson Literary Review

After a career that spanned Europe's major capitals, author Anne Morenn turns to a quieter but deeply transformative journey in her novel *Second Chances in Brittany* — the gradual rebuilding of a life.

The story follows Sarah Pullen, who arrives in Saint-Malo on France's north-west coast at the end of a demanding professional life. Determined to restore her marriage to her husband, James, she establishes a comfortable home and forms local friendships, confident in the stability of their relationship.

That confidence begins to erode when Sarah suffers disabling headaches and her husband's attitude shifts. As the marriage fractures and she ultimately finds herself alone, she is forced to confront unsettling truths about her circumstances.

What unfolds is not dramatic upheaval but steady transformation. The narrative moves quietly, with little obvious drama on any single page. Yet by the novel's conclusion, readers recognise how far Sarah has travelled — how much she has learned, achieved and grown in self-reliance and independence.

As she settles into her new surroundings, Sarah becomes increasingly involved in community life. She addresses office problems in local government, develops a digital system for English expatriates renting holiday cottages, assists a young migrant learning about Brittany, and helps her brother-in-law, Charles Pullen, search for belonging. Her influence gradually extends beyond her own recovery into the lives of others.

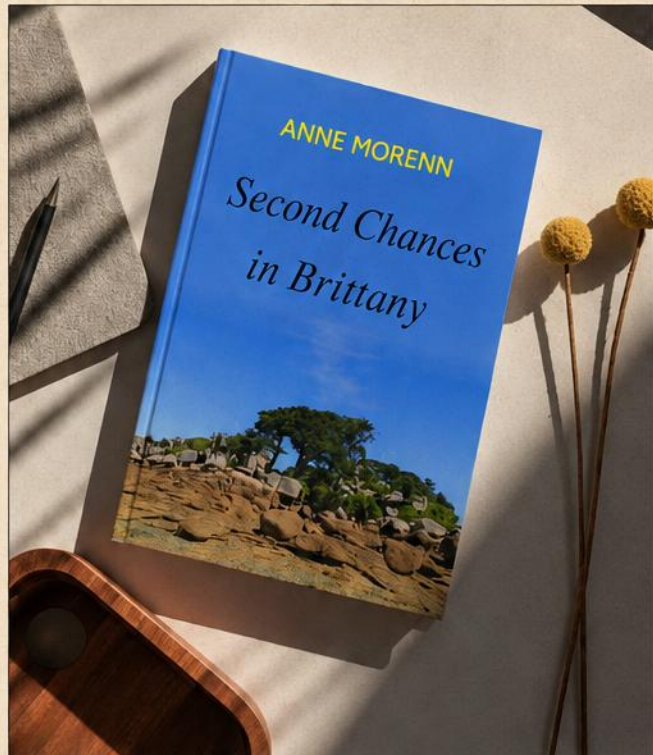
Love returns unexpectedly in the form of Gérard Lemestre. In accepting his proposal, Sarah not only rebuilds her personal life but also reconstructs his home, supports his nephew's move to Saint-Malo and immerses herself in his business — helping to secure a shared future.

Born in London and shaped by a nomadic childhood in naval towns across England, Morenn later worked across financial centres including London, Luxembourg, Paris, Frankfurt, Mumbai, Milan, Athens and Brussels before finally settling in Brittany. That breadth of experience informs her ongoing interest in community, motivation, resilience and self-discovery — themes that underpin her Brittany-based romances.

Second Chances in Brittany is available on Amazon.



Author Anne Morenn



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Second Chances in Brittany

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